

## SEIZURE ACTION PLAN

THIS STUDENT IS BEING TREATED FOR A SEIZURE DISORDER. THE INFORMATION BELOW SHOULD ASSIST YOU IF A SEIZURE OCCURS DURING SCHOOL HOURS.

Student's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Treating Physician: \_\_\_\_\_

Phone: \_\_\_\_\_

Significant medical history: \_\_\_\_\_

**SEIZURE**

Seizure: \_\_\_\_\_

Note: Tonic-clonic seizure: Entire body stiffens, jerking movements, may cry out, turn blue, tired afterwards.

Absence seizure: Staring spell, may blink eyes

Seizure triggers or warning signs: \_\_\_\_\_ Student's reaction to seizure: \_\_\_\_\_

**BASIC FIRST AID: CARE & COMFORT:**

\_\_\_\_\_ seizure:  
Protect head from injury  
Keep airway open/watch breathing  
Turn child on side